

Table Grace creates space for life-giving transformational conversations, story-sharing, and resourcing. Participants in **Table Grace Partner Conversations** will clarify where they have been, where they are now, where they want to go, and who they want to be. The result is greater clarity of next steps with a purposeful commitment to abundant life for all.



Sessions facilitated by Carol Wilson as Conversation Partner and Guide.

Community-Based Organization Partner Conversations: Serving with

Hope. These conversations, in the spirit of facilitation and consultation, engage organizational representatives in a guided time of sharing and hearing afresh their stories of where they have been, where they are now, and the possibilities for next steps. They also help provide clarity on who they want to be as they move forward. Conversations are grounded in exploration of how best to express commitments to abundant life marked by connection, meaning, agency, blessing, and hope in your particular setting and context.

These conversations are for renewal of energy, recommitment to the vision of the organization, and cultivation and development of a healthy environment.

Conversations may consist of the following:

- Opportunities to reconnect with each other and with a sense of hope and purpose
- Identifying limiting stories and stories of new possibilities
- Structured conversations for difficult topics and confusing circumstances
- Practices and experiences to cultivate vision, direction, and encouragement
- Providing resources related to identified interests and new opportunities

Organization Partner Conversations create space to listen to each other and to emerging wisdom to move into more abundant life for themselves and those they serve through short-term series, staff or planning retreats, days apart, and workshops, all of which may occur by Zoom or in person. Formats for these opportunities will meet the particular needs of the organization.

Fees are negotiated based on the design for the Partner Conversation, considering the total contact hours and the number of participants.

Remember: *All Table Grace Partner Conversations are designed with your group's particular needs, interests, and budget in mind.* Fee inquiries are welcomed to accommodate the budget needs of your group.

To determine if **Community-Based Organization Partner Conversations** are a good fit for your organization, email CarolWilsonTableGrace@gmail.com or submit a request through TableGracePartnerConversations.com to schedule a complimentary 30-minute introductory call.



Carol Wilson
© Table Grace 2023

CarolWilsonTableGrace@gmail.com
TableGracePartnerConversations.com

Table Grace creates space for life-giving transformational conversations, story-sharing, and resourcing. Participants in **Table Grace Partner Conversations** will clarify where they have been, where they are now, where they want to go, and who they want to be. The result is greater clarity of next steps with a purposeful commitment to abundant life for all.



Sessions facilitated by Carol Wilson as Conversation Partner and Guide.

Congregation Visioning Partner Conversations: Living with Hope. These conversations, in the spirit of facilitation and consultation, engage congregational representatives in a guided time of sharing and hearing afresh their stories of where they have been, where they are now, and the possibilities for next steps. They also help provide clarity on who they want to be as they move forward. Conversations are grounded in exploration of how best to express commitments to abundant life marked by connection, meaning, agency, blessing, and hope in your particular setting and context.

These conversations are for those seeking to cultivate and maintain a healthy environment, whose energies may be depleted, who are seeking a fresh start, who are exploring how to be the church in this time, and who desire to restore hope and a renewed sense of calling and purpose for the congregation and their ministry with the wider community.

Conversations will draw from the following:

- Opportunities to reconnect with each other and with God's grace
- Identifying limiting stories and stories of new possibilities
- Structured conversations for difficult topics and confusing circumstances
- Practices and experiences to cultivate vision, direction, and hope
- Providing resources related to identified interests and new opportunities

Congregation Partner Conversations create space to listen to each other and to God's leading into more abundant life for ourselves and those we serve through short-term series, church staff or planning retreats, days apart, and workshops, all of which may occur by Zoom or in person. Formats for these opportunities will meet the particular needs of the individual or congregation.

The fee is \$100 per hour; or \$250 for a morning or afternoon session; or \$500 for a 6-hour session. *All Table Grace Partner Conversations are designed with your group's particular needs, interests, and budget in mind.* Fee inquiries are welcomed to accommodate the budget needs of your group.

To determine whether **Congregation Partner Conversations** are a good fit for your needs, email CarolWilsonTableGrace@gmail.com or submit a request through TableGracePartnerConversations.com to schedule a complimentary 30-minute introductory call.



Carol Wilson
© Table Grace 2023

CarolWilsonTableGrace@gmail.com
TableGracePartnerConversations.com

Table Grace creates space for life-giving transformational conversations, story-sharing, and resourcing. Participants in **Table Grace Partner Conversations** will clarify where they have been, where they are now, where they want to go, and who they want to be. The result is greater clarity of next steps with a purposeful commitment to abundant life for all.



Sessions facilitated by Carol Wilson as Conversation Partner and Guide.

Staff and Leadership Team Partner Conversation: Strengthening Our Relationships and Service.

These conversations, in the spirit of facilitation and consultation, engage organizational or congregational representatives in a guided time of sharing and hearing afresh their stories of where they have been, where they are, and the possibilities for their next steps.

These conversations are for staff and/or leaders who want to strengthen relationships and renew fulfillment of shared visions. They create space for reflection and encouragement to foster a healthy environment and development of connection, meaning, agency, blessing, and hope.

Conversations may consist of the following:

- Identifying limiting stories and stories of new possibilities
- Structured conversations for difficult topics and confusing circumstances
- Opportunities to reconnect with each other and renew energy
- Practices and experiences to cultivate vision, direction, and hope
- Providing resources related to identified interests and new opportunities

Staff and Leadership Team Partner Conversations create space to listen to each other and to move toward more abundant life for themselves and those they serve. Conversation options include short-term series, staff or planning retreats, days apart, and workshops. They can occur by Zoom or in person.

Formats for these opportunities will meet the particular needs of the organization or congregation. The fee is \$100 per hour; or \$250 for a morning or afternoon session; or \$500 for a 6-hour session. *All Table Grace Partner Conversations are designed with your group's particular needs, interests, and budget in mind.* Fee inquiries are welcomed to accommodate the budget needs of your group.

To determine whether **Group Coaching Partner Conversations** are a good fit for your staff or leadership team or for more information, email CarolWilsonTableGrace@gmail.com or submit a request through TableGracePartnerConversations.com to schedule a complimentary 30-minute introductory call.



Carol Wilson
© Table Grace 2023

CarolWilsonTableGrace@gmail.com
TableGracePartnerConversations.com

Table Grace creates space for life-giving transformational conversations, story-sharing, and resourcing. Participants in **Table Grace Partner Conversations** will clarify where they have been, where they are now, where they want to go, and who they want to be. The result is greater clarity of next steps with a purposeful commitment to abundant life for all.



Sessions facilitated by Carol Wilson as Conversation Partner and Guide.

Social Topic Interest Group Conversation: Healing our Divides. These conversations, in the spirit of mutual learning experiences, equip participants to engage challenging social topics with deeper understanding and a commitment to thriving for all. Possible topics include: transforming our divides, food justice and insecurity, housing insecurity, anti-racism practices, addiction and trauma-informed communities, climate concerns and creation care, gun safety, justice and incarceration practices, understanding Christian nationalism, and systems which shape our everyday lives.

These conversations are for those who seek to be informed about core issues and systems at play in our communal life so that they are better prepared to contribute to the greater good of the larger community. They provide information, relationship-building, and possibilities for action that reflect commitment to care for all.

Conversations may consist of the following:

- Structured and informal conversations and story-sharing to create safe space for learning
- Identifying various personal, cultural, and scriptural stories that influence our sense of connection and possibilities
- Exploring resources that give insight to entry points for community transformation
- Generating possibilities for personal callings to contribute to community thriving

Social Topic Interest Group Conversations create space to listen and learn about one or more topics of interest. They can occur over meals, or in short-term series, day-apart settings, or retreats, either in-person or by Zoom. Participants may be members of an existing small group or a group gathered for a particular interest. These groups can be established by request for consideration of a particular topic or initiated by Table Grace as an occasional short-term offering.

Formats for these opportunities will meet the particular needs of your group. Fees are based on the length of the series and number of participants. Fees begin with a base of \$75 per session for a series of five 1½ hour sessions for up to 10 participants with an additional \$5 per session per participant.

For local in-person settings, there is a meal option available. Meal charges are in addition to the base fee, and the session time will be extended to accommodate eating together.

Remember: *All Table Grace Partner Conversations are designed with your group's particular needs, interests, and budget in mind.* Fee inquiries are welcomed to accommodate the budget needs of your group.

To determine if **Social Topic Interest Group Partner Conversations** are a good fit for your group or for more information, email CarolWilsonTableGrace@gmail.com or submit a request through TableGracePartnerConversations.com to schedule a complimentary 30-minute introductory call.



Carol Wilson

© Table Grace 2023

CarolWilsonTableGrace@gmail.com
TableGracePartnerConversations.com

Table Grace creates space for life-giving transformational conversations, story-sharing, and resourcing. Participants in **Table Grace Partner Conversations** will clarify where they have been, where they are now, where they want to go, and who they want to be. The result is greater clarity of next steps with a purposeful commitment to abundant life for all.



Sessions facilitated by Carol Wilson as Conversation Partner and Guide.

Skill Development in Story-Sharing and Difficult Conversations: Talking Well Together. These conversations provide resources for congregations and organizations to practice processes that help when talking about hard topics. They are held with the commitment that our relationships give the opportunity to live well in our shared space as well as in our families and communities. They move toward practices which foster abundant life marked by connection, meaning, agency, blessing, and hope.

These conversations are for those willing to try new skills and practice conversations in a safe environment. They are designed to help participants become more comfortable in difficult moments. They provide ways to bring participants together, to gain clarity, and to assure voices are heard so that shared relationships foster thriving and encouraging of one another.

Conversations may consist of the following:

- Cultivating safe space and calling each other into relationship
- Identifying shared values and practices
- Systems analysis of relationships
- Experiencing multiple approaches to discussing hard topics

Skill Development for Story-Sharing and Hard Discussion Partner

Conversations create space to listen well, to encourage, and to help prevent and overcome divides. They provide an opportunity to prepare for the unexpected so that relationships and commitments are more secure during times of stress. As skill sets are developed, participants have opportunities to know each other better, to experiment with new and simple skills, and to learn about themselves in a relaxed environment.

Formats for these opportunities will meet the particular needs of the organization or congregation. Fees are based on the setting and number of participants. *All Table Grace Partner Conversations are designed with your group's particular needs, interests, and budget in mind.* Fee inquiries are welcomed to accommodate the budget needs of your group.

To determine if **Skill Development for Story-Sharing and Hard Discussions Partner Conversations** are a good fit for your organizational or congregational group, email CarolWilsonTableGrace@gmail.com or submit a request through TableGracePartnerConversations.com to schedule a complimentary 30-minute introductory call.



Carol Wilson

© Table Grace 2023

CarolWilsonTableGrace@gmail.com
TableGracePartnerConversations.com

Table Grace Offerings

Individual Partner Conversations*

- Moving toward the possibility of thriving by identifying what matters to you, what gets in your way, and how you are going to get there.

Small Group Partner Conversations*

- Moving toward the possibility of thriving by identifying your core values, what limits your individual and collective experiences, and choices that foster abundant life.
- Available for colleague groups, interest groups, staff and leadership teams.
- Possible conversations include short-term series, book studies, day-apart gatherings, retreats, workshops, planning days, skill development sessions, and shared meals.

Congregation Partner Conversations*

- Moving toward the possibility of thriving by identifying where you have been, where you are, where you want to go, and who you want to be as a community of faith and abundant life.
- Available for congregational leadership, vision, and revitalization teams.
- Possible conversations include short-term series, book studies, day-apart gatherings, retreats, workshops, planning days, skill development sessions, and shared meals.



* **All Partner Conversations** are available in person or by Zoom and can be customized to your particular setting. As your Conversation Partner & Guide, Carol will draw on her personal and professional experiences as well as the skill sets of consulting, coaching, facilitating, and resourcing.



Carol Wilson

Conversation Partner & Guide

CarolWilsonTableGrace@gmail.com

TableGracePartnerConversations.com

What is Table Grace?

Table Grace starts with an intentional commitment to abundant life for all and provides Partner Conversations to ...

- ❖ **EXPLORE** stories which limit us,
- ❖ **CREATE** stories of possibility, and
- ❖ **DEVELOP** next steps for individuals, small groups, organizations, and congregations.

Table Grace invites individuals and groups to hear and tell the stories which shape our lives. We listen to better understand where we have been, where we are now, where we want to go, and who we want to be. By creating opportunities for transformational conversations, story-sharing, and resourcing, individuals, families (both given and chosen), organizations or congregations, and communities can explore the abundance of life— life marked by connection, meaning, agency, blessing, and hope.



Table Grace occurs through guided conversations filled with listening, laughter, trying on new ideas, and trying out speaking new thoughts. As worldviews expand and relationships deepen, our hope in the fullness and goodness of life is nurtured and confirmed.

Table Grace calls each of us beyond this fast-food world of quick fixes to linger in the moment and consider new possibilities. Life is complex and beautiful, hard and amazing ... it's worth savoring!

TableGracePartnerConversations.com

Carol Wilson is based in Johnson City, Tenn. She served for thirty years as a United Methodist Church pastor, district superintendent, and conference staff member helping others tell their own stories, sort through complexities to reach clarity in priorities and direction, and decide on next steps. **Table Grace** combines her personal and church leadership experience with further training in coaching, community-building, cultural systems, congregational health, and innovation processes.



"Our best
Partner Conversations
come when we engage
in the challenge
of loving each other
better."